

Institute for Applied Neuroscience

Covid-19 Policy

At IAN, we want to do everything within our power to protect the health and safety of our clients and staff. Nevertheless, we are aware that we can only minimize the risk of Covid-19 contagion; we cannot guarantee the risk of infection has been eliminated because it is possible for asymptomatic people to spread the virus. Until this virus is under control, we need everyone's cooperation to operate our clinic as safely as possible.

To that end, we are taking the following steps to prevent the spread of Covid-19:

Our providers will take turns being in the clinic on different days with only their clients to reduce the number of people sharing the same indoor space at any given time. We ask that clients wait either in their cars or in the designated outside waiting area upon arrival. Your provider will text you when the office door is unlocked so that you can then enter the building. This will give our staff time to clean and disinfect surfaces and equipment between clients.

When clients are willing and weather permits, we will conduct talk therapy sessions outside, where there is less risk of contagion.

We respectfully ask that clients and providers wear face masks to protect themselves and others during neurofeedback training sessions. Masks can be optional during talk therapy sessions so long as appropriate social distancing is/can be observed. If you have a medical condition that prevents you from wearing a face mask, we will be happy to schedule a remote teletherapy session for you. In these cases, we can also discuss options for home self-regulation training in lieu of in person neurofeedback training.

IAN staff and providers will wash their hands in between each client visit (in addition to washing them at any other time it is appropriate or necessary to do so).

We ask that all staff, providers, and clients monitor their body temperatures before entering our office. If your body temperature is at or above 99 degrees and/or if you are currently experiencing any cold, flu, or Covid-19-like symptoms please stay home. Under these circumstances, whenever possible, we can provide telehealth options for psychotherapy in place of an in-person visit.

If you start to experience any cold, flu, or Covid-19 like symptoms within one to three weeks of visiting our clinic, kindly inform your provider so we can take appropriate steps in terms of testing and self-isolating. We will of course give you the same consideration.

By working together, we can reduce the risk of spreading this unpredictable virus. We appreciate you and value your health and well-being! - IAN Staff

*By signing below, you are acknowledging you have read and agree to abide by our Covid-19 Policy*

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(Signature)

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(Date)